



The power of creativity,
the strength of
experience.



ILM Level 5

Certificate in Coaching and Mentoring

Agile Group is delighted to offer the ILM Level 5 in Coaching and Mentoring. Upon successful completion delegates will be provided with a digital token and accreditation at degree equivalent level from the ILM.

Completing this course will give you all the knowledge and skills required to start, build and or enhance a career as a freelance mentor and coach. You will learn a deeper understanding of organisational context can positively affect our role and client interventions. The models and techniques learned will be invaluable in developing you and growing your business further.

Additionally, you will be exposed to the theories and practices of professional Coaching and Mentoring, enabling you to coach/mentor others, improve results and gain confidence.

Who is Agile Group?

Agile Group is a multi award-winning training provider and a ILM centre of Excellence.

Our expert tutors and strategic partnerships ensure personalised, impactful learning experiences for individuals and organisations alike.



Expert Tutors: Team of tutors with 25+ years of experience across diverse sectors, offering personalised support.



Flexible Approach: Tailored learning experiences to fit clients' values, goals, and growth stages.



Real-World Expertise: Pracademic trainers blend academic qualifications with practical coaching and mentoring experience in global business.



Unmatched Range: Our programmes cover qualifications from level 2 to 7 as well as bespoke courses for learners at all stages.

Who is this programme for?

This is ideal for aspiring and experienced coaches & mentor who wish to develop their own skills, knowledge and behaviours with an **ILM internationally recognised qualification** as a Professional Coach/Mentor at Degree equivalent Level.



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What does the programme consist of?

All assessment methodologies are work related and designed to provide individual development and/or direct organisational benefits.

Workshops

6 live interactive online zoom workshops, supervision (1 hour), peer-to-peer mentoring.



Survey(s)

Complete a reflective form after each session with your mentee with 3 written assessment papers.



121 Support

Delegates will be offered 1-2-1 support throughout and have access to our online portal with materials and case studies.



We recommend delegates carry out the provided pre-reading and map out their personal objectives for the programme. You will get **12 months FREE** studying membership with the ILM.

What will I learn on this programme?

- Know how to manage the Coaching & Mentoring process within a business environment and context..
- Deepen your understanding of how the business context can effect coaching or mentoring
- Plan, deliver and review your mentoring and coaching.
- Plan your future development in coaching and mentoring.
- Analyse, reflect and evaluate your coaching and mentoring practice order to improve own ability.

"Just finished the Mentoring and Coaching programme with Naomi as my guide. Couldn't ask for more! Naomi is a fantastic teacher (10/10!) - a great listener who delivers insightful information and asks thought-provoking questions. **Highly recommend this course!**"

What happens upon completion?

The programme provides you with a nationally recognised accreditation for professional coaching and mentoring at level 5.



Agile ILM Certificate

You will receive a certificate and be invited to a graduation ceremony.



Agile ILM Credential

You will receive a digital badge to use in your marketing activities.

Elevate your Coaching and Mentoring Skills

To continue to develop your coaching and mentoring skills, whatever your professional coaching and mentoring goals are, Agile Group is here to support your journey to achieve your full potential. Agile offers a full suite of learning packages from Introduction to Level 7.